# Copper Tree Retreat School of Massage information

## **Tuition & Fees**

Copper Tree Retreat School of Massage Massage Therapy Program includes tuition costs, books, handouts, in addition to use of anatomy charts, overheads, educational DVDs, anatomy models, and skeleton. We offer financing with flexible payment plans, and also accept Visa, MasterCard and Discover.

500-Hour Tuition	\$5,850.00
Lab/permit/ background check fee	\$250.00
CPR/BLS	\$50.00
Supplies Estimated Cost (Student responsibility)	\$125.00

Hourly cost for classes within the Basic 500 Hour Massage Therapy Program is \$11.70 per classroom hour. Upon successful completion of the required 500 hour Basic Massage Therapy Program, students may apply for approval to test to become a licensed massage therapist through the Texas Department of Licensing & Regulation. All fees associated with state licensing and testing are paid directly to the Texas Department of Licensing & Regulation and their testing agencies. Students are responsible for all costs associated with the state exam. No student transcripts will be released until all financial obligations to Copper Tree Retreat School of Massage have been me

# Copper Tree Retreat School of Massage Payment Plans

Copper Tree Retreat School of Massage offers a special if tuition is paid in full (\$4,850.00 for its 500-hour course). This discounted price will include the cost of the textbooks, Student License Fee, Copper Tree Retreat School of Massage Student T-shirt, massage lotion (no oil permitted), and antibacterial hand cleaner in a pump dispenser. \*Estimated cost of these items. Market factors could dictate price fluctuation. Students will provide for themselves: 5 sets of twin size sheets (NO MICROFIBER in tan, buff or natural color), 2 solid-colored, twin size fleece throws, 8 hand towels (4 white and 4 dark colored), 2 bath towels, at least 2 pair Navy Scrub Pants, and a pair of water shoes for Hydrotherapy. Students may purchase additional Copper Tree Retreat School of Massage T-shirts for an added cost of \$19.99.

**Option 1.** Payment in full and save \$1000.00 on the total cost.

\$5850.00 program

\$ 250.00 Lab/permit/ background check fee

\$ 50.00 BLS/CPR fee

- \$1000.00

# \$5150.00 (Must be paid all together on the same day)

**Option 2**. Monthly payments with down payment of \$1250.00, \$250.00 Lab/permit/background check fee, and \$50.00 BLS/CPR fee.

\$6150.00

\$1250.00 down payment

\$ 50.00 BLS/CPR fee

\$250.00 Lab/permit/background check fee

\$ 4650.00 to be paid off in 8 interest free monthly payments of \$581.25

**Option 3.** Pay as you go per module. Must complete all modules within 18 months

Anatomy & Physiology	75 hours	\$900
Health and Hygiene	20 hours	\$240
Kinesiology	50 hours	\$600
Pathophysiology for Massage	40 hours	\$480
Hydrotherapy Therapeutic Modalities	20 hours	\$240
Massage Therapy Fundamentals I	125 hours	\$1500
Massage Therapy Fundamentals II	75 hours	\$900
Business Practices & Professional Ethics	45 hours	\$540
Massage Internship	50 hours	\$600
TOTAL	500 hrs	\$6000.00

# **Class Formats:**

## **Day Class**

Monday - Friday 9:00am-4:00pm including a 12:00pm-1:00pm lunch hour until internship then alternating Saturdays 10:00am -5:00pm until Internship is complete (16 weeks)

# **Evening Classes**

Monday/Wednesday/Friday evening 5:30pm-8:30pm with alternating Saturdays 10:00am - 5:00 pm including a 1:00 pm to 2:00 pm lunch hour until internship then continuing alternating Saturdays 10:00am -5:00pm including a 1:00 pm to 2:00 pm lunch hour (38.5 weeks)

Tuesday/Thursday evening 5:30pm - 8:30pm & alternating Saturdays 9:00am - 6:00pm including a 1:00pm -2:00pm Lunch on Saturdays until internship then alternating Saturdays 10:00am -5:00pm until Internship is complete (46 weeks)

Monday - Friday 5:30pm - 8:30 pm no weekends - (32 weeks) until internship then alternating Saturdays 10:00am -5:00pm including a 1:00 pm to 2:00 pm lunch hour

#### Instructor Student Ratio

The Texas Department of Licensing & Regulations assigns a maximum of 36 pupils to each instructor and a maximum of three (3) pupils to each massage table. Copper Tree Retreat School of Massage will strive to maintain smaller classes stressing personalized instruction, with typically no more than 15-to-20 students.

# **Holidays & Breaks**

Copper Tree Retreat School of Massage will close in observance of the following holidays: New Year's Day, Easter, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day

Copper Tree Retreat School of Massage will close for the following breaks:

October Break: TBA Christmas Break: TBA
Thanksgiving Break: TBA New Year's Day: TBA

In case of inclement weather, Copper Tree Retreat School of Massage will **typically** cancel classes in accordance with Kilgore College Longview Campus closings. The closing of Copper Tree Retreat School of Massage will be publicized on local television and radio stations, as well as announced in group text.

# **Admission Requirements**

Prospective students seeking admission to Copper Tree Retreat School of Massage must meet the following criteria:

- Be physically, mentally and emotionally capable of completing the selected coursework based on a student interview conducted by a Copper Tree Retreat School of Massage representative.
- Tour the facilities with authorized personnel.
- Must provide a copy of a current photo ID.
- In accordance with state regulations, applicants are ineligible for registration if they
  have been convicted of, entered a plea of nolo contendere or guilty to, or received
  deferred adjudication to crimes or offenses involving prostitution or other sexual offenses;
  or until the fifth anniversary of the date of conviction relating to such an offense.
- Complete and submit an Enrollment Agreement for Copper Tree Retreat School of Massage 500 Hour Program, along with the minimum \$1200 deposit fee which will be applied to the cost of tuition.

# **Admissions Policies and Procedures**

To ensure a fair, professional, and compliant admissions process, the following policies and procedures are established to support the admission requirements:

#### 1. Admissions Process

All prospective students must complete the following admissions steps:

- Initial Inquiry & Interview: A preliminary interview will be conducted by an authorized school representative to determine the applicant's physical, mental, and emotional readiness to participate in the program.
- Campus Tour: A guided tour of the school facility is required prior to enrollment to ensure the applicant is familiar with the learning environment and amenities.
- Documentation Submission: A valid government-issued photo ID must be submitted prior to or during the enrollment process.
- Background Check Verification: Applicants are subject to background review in accordance with Texas Department of Licensing and Regulation (TDLR) requirements.
   Applicants who have been convicted or pled guilty/nolo contendere to certain crimes may be disqualified from admission based on state licensing eligibility.

# 2. Criminal History Disclosure

- All applicants must truthfully disclose any past criminal history as it relates to drug, violence, sexual or prostitution-related offenses.
- Applicants who have been convicted of these offenses are ineligible for admission.
- Falsification or omission of criminal history will result in denial of admission or immediate dismissal if discovered after enrollment.

# 3. Enrollment Agreement

- Complete and sign the official Copper Tree Retreat School of Massage Enrollment Agreement. Submit the required non-refundable deposit of \$1,200, which will be applied toward the total tuition cost.
- Understand and agree to all terms outlined in the Enrollment Agreement, including attendance, refund, and conduct policies.

# 4. Conditional Acceptance

• If any documentation or compliance review is pending at the time of enrollment, the student may be granted conditional acceptance for up to 14 days. All missing items must be submitted within that timeframe, or the enrollment may be cancelled and the deposit forfeited.

## 5. Student Notification

- All admissions decisions will be communicated to the applicant within 5 business days of completing the application process.
- Accepted students will receive a Welcome Packet including orientation details, supply lists, and first-day expectations.

## 6. Non-Discrimination Policy

• Copper Tree Retreat School of Massage does not discriminate on the basis of race, color, religion, national origin, sex, age, disability, or sexual orientation in its admissions, educational programs, or any school-administered policies and activities.

#### 7. Reapplication

• Applicants who are denied admission due to ineligibility or incomplete applications may reapply after a period of 6 months or upon resolving the issue that led to the denial.

Payment methods accepted: Cash, Credit/Debit, & Cashiers Check

#### Cancellation and Refund:

In accordance with state regulations, Copper Tree Retreat School of Massage will provide a full refund to a student canceling the enrollment agreement within 72 hours (until midnight on the third day, excluding Saturdays, Sundays, and legal holidays) after the agreement has been signed by the student.

In accordance with state rules, refunds will be given based on the percentage of the 500 hours of instruction completed prior to official written termination or withdrawal.

<u>Withdrawal Date</u>	<u>Tuition to be Retunded</u>
	<b>Less Administration Fees</b>
After enrollment before 1st class start	100%
When classes start	70%
After the 1st week – 30 hours, but within the first 3 weeks	25%
After 3 weeks, but within the first quarter (125 hours) of instructi	ion 10%
After 4 weeks (126 – 250 hours)	5%
After 250 hours	0%

Refunds will be made within 30 days of the effective date of student termination or withdrawal, or 15 instructional days following the first day of the program if the student fails to enter.

# **Withdrawal:**

Students electing to withdraw from Copper Tree Retreat School of Massage must submit a written notice to the director stating their expected date of withdrawal. No such notices shall be backdated.

# **<u>Curriculum Hour Requirements:</u>**

Listed are the requirements of the Texas Department of Licensing & Regulation for Licensed Massage Therapists (LMTs). The course of instruction is divided into two sections: 450 classroom hours and 50 intern clinic hours for a total of 500 contact hours. According to the Texas Department of Licensing and Regulation (TDLR), a **clock hour** is defined as **60 minutes** of instruction. Every 60 minutes of instruction may include a maximum of 10 minutes of break time. Break time for hours taught consecutively in one sitting may be aggregated into a single break time during those consecutive hours but not at the end of those hours.

Swedish Techniques 125 hours

-Massage Therapy Fundamentals I --The manipulation of soft tissue by hand or through a mechanical or electrical apparatus for the purpose of body massage. The term includes effleurage (stroking), petrissage (kneading), tapotement (percussion), compression, vibration, friction, nerve strokes, and Swedish gymnastics. Massage therapy may include the use of oil, lubricant, salt glows, heat lamps, hot and cold packs, or tub, shower, jacuzzi, sauna, steam or cabinet baths. Equivalent terms for massage therapy are massage, therapeutic massage, massage technology, myo-therapy, body massage, body rub, or any derivation of those terms. Massage therapy is a health care service when the massage is for therapeutic purposes. The terms "therapy" and "therapeutic" do not include diagnosis, the treatment of illness or disease, or any service or procedure for which a license to practice medicine, chiropractic, physical therapy, or podiatry is required by law. Massage therapy does not constitute the practice of chiropractic. Swedish massage therapy techniques--The manipulation of soft tissue utilizing effleurage (stroking), petrissage (kneading), tapotement (percussion), compression, vibration, friction, nerve stroke, and Swedish gymnastics. Swedish gymnastics--Passive and active joint movements, nonspecific stretches, passive and active exercise, or any combination of these.

# **Massage Therapy Technique**

75 hours

 A continuation of Massage Therapy Fundamentals I. Emphasizes specialized techniques and assessment of client needs to identify a specific plan of care. Completes the requirements for Massage Techniques for licensure.

Physiology 25 hours

--The study of the normal vital processes of the human body including the processes of cells, tissues, and organs including the contractibility of muscle tissue; coordination through the nervous system; digestion; circulatory; reproduction; and secretions.

Anatomy 50 hours

--The study of the structure of the human body including the following areas: bones, joints and muscles, the skin, blood and blood vessels, cells, tissues and membranes, the heart, the brain, spinal cord and nerves, the lymphatic system, the digestive system, the respiratory system, the urinary system, the reproductive system, glands and hormones.

Kinesiology 50 hours

–Applied study of human kinesiology. Muscle movements and dysfunctions will be discussed and palpated. Includes theory and practice of functional muscle testing. Emphasis on anatomical terminology, skeletal anatomy and function, the study of joints and their functions, origin and insertion of muscles, and palpation skills.

Hydrotherapy 20 hours

-The use of accepted hydrotherapy and holistic health-care modalities of external application of temperature for its reflexive effect. Meets the minimum 20-contact-hour requirement for licensure.

#### **Business Practices & Professional Ethics**

45 hours

-The study of standard bookkeeping and accounting practices, tax reporting, office practices and advertising, and the ethical practice for massage therapist established by law or the Texas Department of Licensing and Registration (TDLR)

Health & Hygiene 20 hours

-20 hours are dedicated to the study of health, hygiene, first aid, universal precautions, and cardiopulmonary resuscitation (CPR)

Pathology 40 hours

-The scientific study of the nature of disease and its causes, processes, development, and consequences.

Internship 50 hours

A work-based learning experience that enables the student to apply specialized occupational theory, skills, and concepts. A learning plan is developed by the college and the employer.
 Total 500 hours

# **Graduation Requirements:**

To be considered a graduate of Copper Tree Retreat School of Massage 500 Hour Massage Program, a student must satisfy the following:

- Complete the 500 hour course outlined by the Texas Department of Licensing & Regulation. Achieve an average of 70 in each subject area of the 500-hour course.
- Complete all requirements for incomplete grades and makeup work.
- Meet all financial obligations to Copper Tree Retreat School of Massage.
- No transcripts will be released until all financial obligations to Copper Tree Retreat School of Massage are paid.
- Students who meet the above stated requirements will be awarded a certificate of completion and official transcript from Copper Tree Retreat School of Massage. The student will then be eligible to apply for the examination required by the Texas Department of Licensing & Regulation to become a licensed massage therapist.
- Upon successful completion of the massage therapy program students will receive a certificate. Also, upon successful completion of the program, students are eligible to take the MBLEX examination required by the Texas Department of Licensing & Regulation to become a LMT.